

# PHYSICAL EDUCATION (GRADES K-12) AND HEALTH (GRADES 5-12) TEACHING MAJOR (BA TRADITIONAL)

ED 481	Introduction to Developmental Adapted Physical Education	2
ED 487	Reading Across the Content Areas	3
ED 472	Student Teaching	15
Total Credits		79

<sup>1</sup> 2.75 CGPA required in content courses; minimum C- grade required in each content course.

Students who complete this major and other state requirements are eligible to apply for a Minnesota teaching license for grades K through 12 Physical Education and Grades 5 through 12 Health.

## General Education Requirements

All degree seeking undergraduate students must complete the general education (<http://catalog.csp.edu/archive/2019-2020/undergraduate/academic-information/general-education-requirements>) requirements.

## Degree Requirements

Bachelor of Arts (<http://catalog.csp.edu/archive/2019-2020/undergraduate/academic-information/graduation-requirements/#ba>) degree consists of a major of typically 32 to 44 credits or two minors, general education courses, and elective courses totaling a minimum of 120 credits.

Code	Title	Credits
<b>Prerequisites</b>		
PSY 101	Introduction to Psychology (4)	
<b>Required Content Courses</b> <sup>1</sup>		
KHS 200	Community Safety & First Aid/CPR	1
KHS 300	Applied Nutrition	4
KHS 310	Drug Education	2
KHS 320	Human Life Experience	3
KHS 400	Health Psychology	4
KHS 420	Program Administration	2
KHS 436	Motor Development, Control & Motor Learning	4
KHS 473	Biomechanics	4
KHS 474	Exercise Physiology	4
<b>Required Education Courses</b>		
PSY 215	Child and Adolescent Developmental Psychology for K-12 Educators	4
ED 201	Foundations of and Introduction to Education	3
ED 330	Human Diversity and Relations	2
ED 336	Educational Psychology	3
ED 334	Methods in Teaching Elementary Physical Education (Grades K-5)	4
ED 335	Methods in Teaching Middle School and Secondary Physical Education (Grades 6-12)	4
ED 344	The Effective Teacher	3
ED 371	Teaching Practicum	3
ED 410	Health Methods and Strategies	3
ED 439	The Inclusive Classroom	2