

SPORT PSYCHOLOGY MAJOR (BA TRADITIONAL)

The Sport Psychology major focuses on current psychology and kinesiology applications as foundational concepts in sport psychology. Students learn sport and psychological theory and have numerous opportunities to bridge theory into practical applications. This degree prepares students for careers in injury rehabilitation, fitness/wellness centers, coaching, and health and wellness education. The program also serves as preparation for post-baccalaureate study in areas such as sport psychology and sport management.

General Education Requirements

All degree seeking undergraduate students must complete the general education (<http://catalog.csp.edu/archive/2019-2020/undergraduate/academic-information/general-education-requirements>) requirements.

Degree Requirements

Bachelor of Arts (<http://catalog.csp.edu/archive/2019-2020/undergraduate/academic-information/graduation-requirements/#ba>) degree consists of a major of typically 32 to 44 credits or two minors, general education courses, and elective courses totaling a minimum of 120 credits.

Code	Title	Credits
Required		
KHS 220	Research Methods	4
KHS 316	Psychology of Sport Injury and Rehabilitation	4
KHS 375	Sociology of Sport and Exercise	4
KHS 400	Health Psychology	4
KHS 435	Sport Psychology	4
KHS 436	Motor Development, Control & Motor Learning	4
PSY 230	Lifespan Developmental Psychology	4
PSY 330	Introduction to Counseling	4
PSY 360	Abnormal Psychology	4
KHS 490	Senior Professional Seminar	1
KHS 498	Internship	8
Total Credits		45