

FAMILY AND PARENT COACHING MINOR

This program combines family systems, parenting theories, and evidence-based coaching strategies to help students work more effectively with individuals and families, enhance leadership skills and improve relationships with family and friends. Students will learn to apply active listening skills, build trust, and ask questions that honor each family's uniqueness and strengths and empowers families and individuals to be the best version of themselves. This program prepares students for careers in helping professions, including education, early childhood, family life education, psychology, human services, sociology, and criminal justice.

Code	Title	Credits
Prerequisites		
Pick one of the following courses:		
PSY 101	Introduction to Psychology (4)	
SOC 152	Introduction to Sociology (4)	
Required		
FAS 451	Family Comm & Relationships	3
PSY 230	Lifespan Developmental Psychology	4
FAS 442	Family Decision-Making and Resource Management	3
FAS 400	Family Systems, Structures and Relationships	4
FAS 480	Parent Coaching 1: From Theory to Practice	3
FAS 481	Parent Coaching 2: Building Skills, Attitudes, and Competency	3
FAS 482	Parent Coaching 3: Professional Applications	3
FAS 483	Parent Coaching 4: Supervised Field Parent Coaching	3
Total Credits		26

* Students pursuing a Coaching Certificate, are required to register for a 2 credit internship.