

# FAMILY AND PARENT COACHING CERTIFICATE

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This program combines family systems, parenting theories, and evidence-based coaching strategies to help students work more effectively with individuals and families, enhance leadership skills and improve relationships with family and friends. Students will learn to apply active listening skills, build trust, and ask questions that honor each family's uniqueness and strengths and empowers families and individuals to be the best version of themselves. This program prepares students for careers in helping professions, including education, early childhood, family life education, human services, and criminal justice.

Code	Title	Credits
Core (to be taken before or in combination with the Coaching sequence)		
FAS 451 or FAS 530	Family Comm & Relationships Family Communication and Relationships	3
FAS 442 or FAS 540	Family Decision-Making and Resource Management Family Decision Making	3
FAS 400 or FAS 504	Family Systems, Structures and Relationships Systemic Dynamics of Families	4
Coaching Sequence		
FAS 480	Parent Coaching 1: From Theory to Practice	3
FAS 481	Parent Coaching 2: Building Skills, Attitudes, and Competency	3
FAS 482	Parent Coaching 3: Professional Applications	3
FAS 483	Parent Coaching 4: Supervised Field Parent Coaching	3
<b>Total Credits</b>		<b>22</b>

+ Masters students (post-bac) in a related field would need to take core courses or demonstrate course credit in the core courses.